



## Community Guidelines

<b>Effective Date</b>	January 1, 2026
<b>Entity</b>	BIRTHUP, INC.

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BirthUp wants to foster a trusted, informative, and respectful community.

**1. You may not post or share content that:**

- is false, deceptive, or misleading;
- includes medical misinformation or unsupported health claims;
- promotes unsafe practices;
- harasses, abuses, threatens, or bullies others;
- is discriminatory, hateful, or sexually exploitative;
- reveals private or confidential information without permission;
- infringes copyright, trademark, privacy, or other rights;
- advertises unlawfully or sends spam;
- impersonates another person or business;
- promotes illegal services or products.

**2. Health and Provider Content Rules**

Providers and users must not:

- claim guaranteed outcomes;
- misrepresent credentials, scope, licensure, or experience;
- present anecdotal results as typical without proper context;
- post treatment advice outside their license or scope;
- post patient information without proper authorization.

**3. Moderation**

BirthUp may review, reject, edit, restrict, remove, or report content or accounts at its discretion.

**4. Reporting**

To report content, contact [withbirthup@gmail.com](mailto:withbirthup@gmail.com).